



## “Do the Work” Field Trip Series: Military Families

TIME	ACTIVITY	SPEAKERS/TOPIC
9:00 AM – 9:30 AM	Board bus at Catalyst Offices: 5060 Shoreham Place, SD, CA 92122	Introductions, check-ins, name tags, and masks (optional)
9:30 AM – 10:00 AM	Drive to Patrick Wade CDC Point Loma (2843 Horney Way, San Diego, CA 92108)	Welcome, introductions, and grounding: Aline Racic, Catalyst Director of Programs & Learning and Ashley Camac, CEO, zero8hundred
10:00 AM – 10:30 AM	Tour of Patrick Wade CDC	CDC Director, Mrs. Tamara Lo-Ray and NBPL N9 Dr. Wilbert (Will) Artis
10:30 AM – 11:00 AM	Board bus, drive to Naval Base (140 Sylvester Road, SD 92106), and settle in	Ashley Camac, CEO, zero8hundred
11:00 AM – 11:15 AM	Arrival and welcome remarks	
11:15 AM – 11:45 AM	Roundtable #1: Childcare Challenges	Captain Kenneth R. Franklin (Base CO), Lieutenant Commander Cody W. Davis (Base XO), , Naval Base Point Loma CDC Director, Jodi Bierman (Navy Veteran, Active-Duty Military Spouse, Dr. Kim Hunt, Military Researcher and Military Spouse
11:45 AM – 12:15 PM	Lunch and learn	Grab food from cafeteria and hear from Mark Balmert, Retired Admiral SDMAC about San Diego's Military Impact
12:15 PM – 1:00 PM	Roundtable #2: Mental Health Challenges	Naval Base Point Loma Chaplain, Navy Region Southwest Mental Health Provider, Dr. Kim Hunt (Military Researcher / Military Spouse), Lieutenant Commander Cody W. Davis (Base XO), Mark Balmert, SDMAC, Veteran Affairs Representative from Mental Health Division, Ashley Camac, Military “Veteran” Spouse with 100% Disabled Veteran
1:00 PM – 2:15 PM	Submarine Training Facility Tour	Petty Officer Amada Williamson and her leadership team
2:15 PM – 2:45 PM	Debrief on day	Ashley Camac, CEO, zero8hundred
2:45 PM – 3:00 PM	Board bus	
3:00 PM – 3:30 PM	Drive back to Catalyst offices: 5060 Shoreham Place, SD CA 92122	