

Celebrating Together

STOPS THE HATE

Friday June 5, 2026

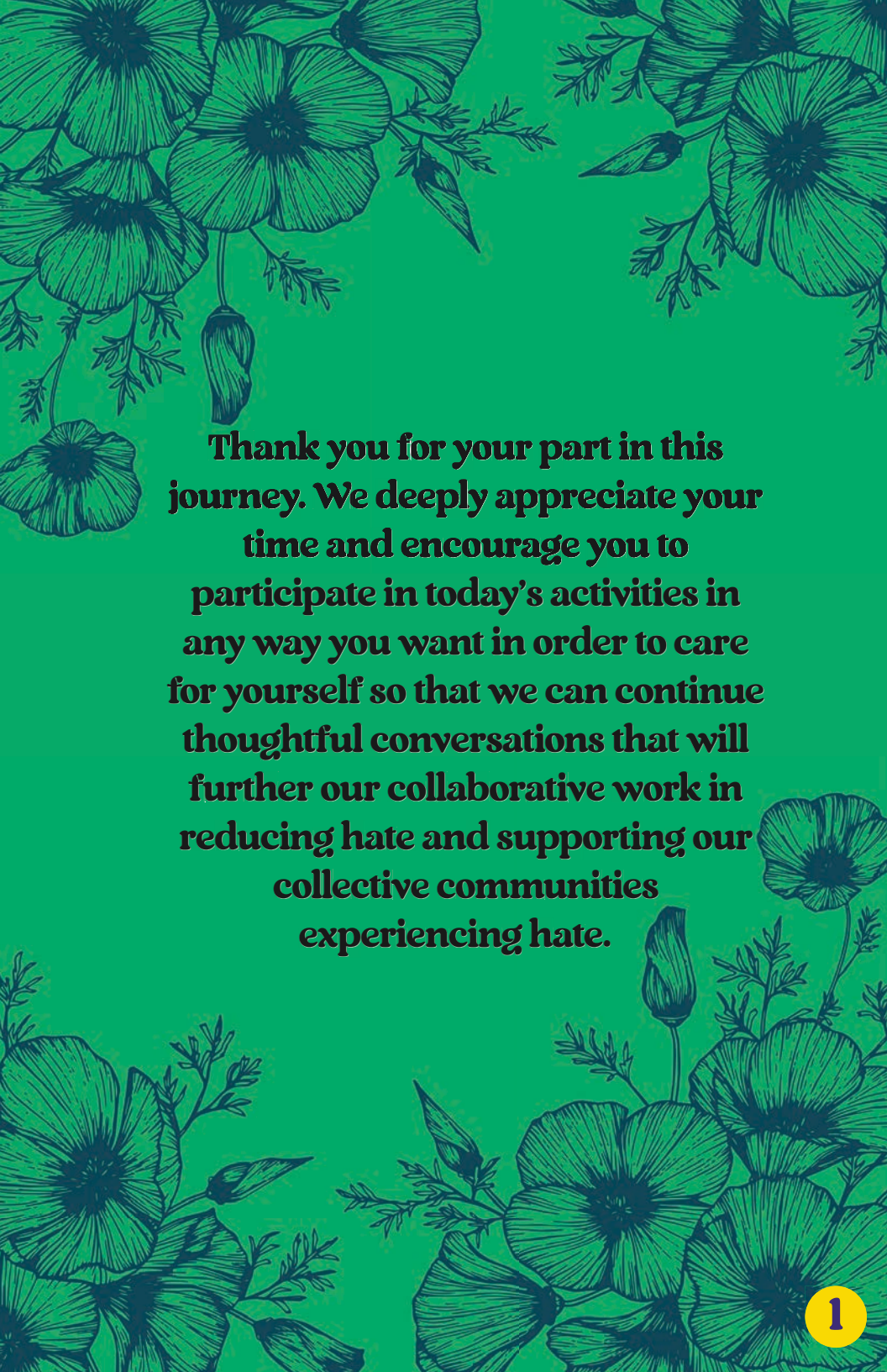
8:30am – 4:30pm

MiraCosta San Elijo Campus



Find today's program and activities inside.
Thank you for celebrating with us!





Thank you for your part in this journey. We deeply appreciate your time and encourage you to participate in today's activities in any way you want in order to care for yourself so that we can continue thoughtful conversations that will further our collaborative work in reducing hate and supporting our collective communities experiencing hate.

About Stop the Hate

In response to the rise in anti-Asian American Pacific Islander (AAPI) hate, the AAPI Equity budget was enacted in 2021 and the statewide Stop the Hate program was created in 2022.

The Border Region's community-based organizations gather to reflect on 4 years of work that has impacted thousands of lives in the San Diego & Imperial Counties. Catalyst has had the honor of serving as the Border Region's lead for the State of California's Stop the Hate program, working alongside 27 community organizations who are leading the charge to effectively implement the Stop the Hate program across the San Diego and Imperial Counties. Together, these organizations have strengthened efforts to prevent hate, support those who experience it, and help communities heal.

Schedule

Breakfast and Morning risers

8:30am–9:30am

- Tea Meditation
- Sound bath healing
- Art Exhibit with multimedia art from: “I Was There” Project, transcenDANCE, Outside the Lens, Karen Organization of San Diego, Alliance San Diego, and more Stop the Hate art

Opening Session

9:30am–10:30am | Ampitheater

- Welcome by Tuyen & Megan
- State and local partners remarks
- Direct Services Panel – Victims Support Services
- Introduction of Intervention/Prevention Services
- MiraCosta & CSUSM Native Hawaiian Pacific Islander leaders remarks & performance

Morning Breakout Sessions

10:45am–12:15pm

Choose 1 of the below to engage with – additional information about breakouts are on **Pages 7 – 8**:

- Community Rapid Response Panel
- Movement by TranscenDANCE
- Lei Making with ‘Umeke
- Healing Circle by Karen Organization
- Tools for Parents & Bullying – CAIR SD
- Centering Youth Voices

Lunch

12:15pm–1:45pm Lawn

Food Options

- **UWEAST: Halal East African**
 - Grilled Chicken and Beef
 - Vegetable Stew, Lentil Stew, Rice, Injera, Fresh Garden Salad
 - Sambusas: Lentil, Potato
 - Iced Sweet Tea
- **SunnySteetOutreach: Taco Bar**
 - Beef / Plant-Based / Chicken
 - Black beans, Pico Slaw, Salsa Bar
 - Desserts
 - Lemonade

Activities

- Food Demonstration: Onigiri
- Tea Meditation Ceremony
- Spark Interactive–Holocaust Education in Motion
- Mindful Walking & Eating
- **12:45 – 1:15pm:** Siva Tau Lesson | Amphitheater
- **1:20pm:** Pop-up Youth performances

Afternoon Breakout Sessions

2:00pm–3:30pm

Choose 1 of the below to engage with – additional information about breakouts are on **Pages 9 – 10:**

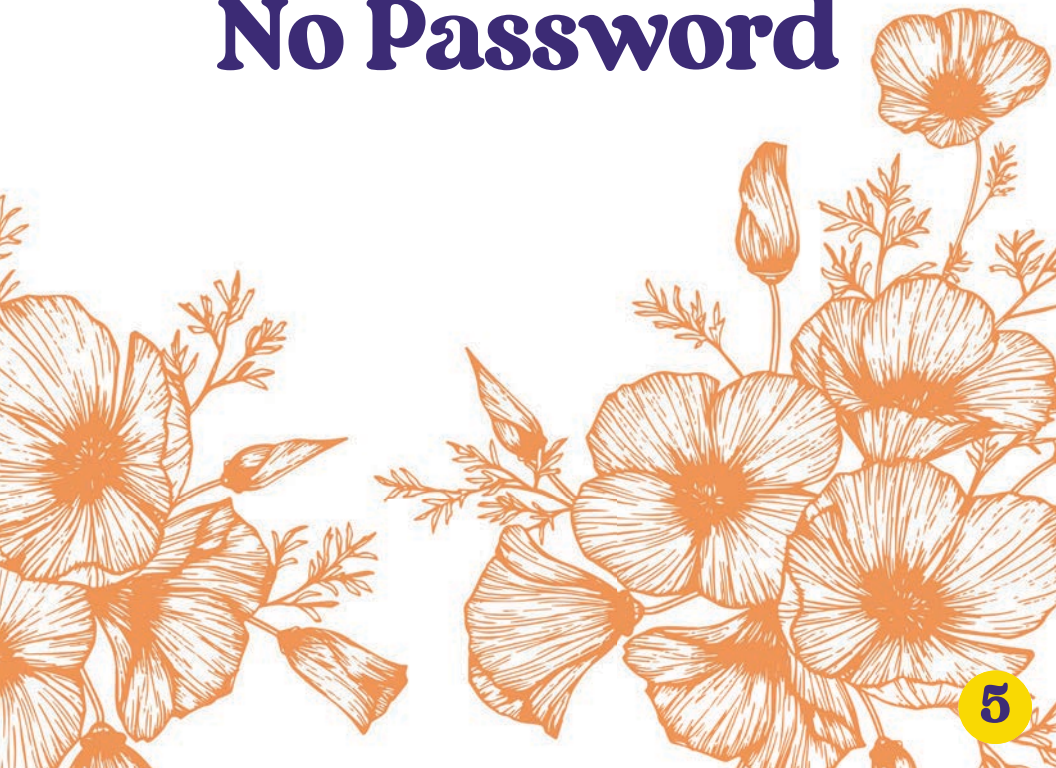
- Elder Storytelling
- The Hate Stops Here–Imperial Valley Reflections
- Somali Family Service documentary screening + discussion
- The ARTful Conversations by NCRC

Closing Session

3:45pm–4:30pm | Ampitheater



WiFi:
MiraCosta-WiFi
No Password



Morning Activities

8:30am–9:30am

Rooted in Presence: A Burmese Tea

Meditation Experience | Cafeteria Upstairs Patio

Begin the conference with a calming tea meditation experience designed to help attendees arrive with presence, grounding, and intention. Participants are invited to pause, breathe, and mindfully engage with a warm Burmese-style tea through guided reflection and sensory awareness. Offered in a gentle drop-in format, this experience creates space for restoration, connection, and collective care before the day's programming begins.

**Tea selections may include offerings from Burmese and Asian tea traditions, including curated teas served hot and cold. Tea varieties are subject to seasonal availability and thoughtful substitution when necessary.*

Soul Divine Sound Healing with misty jackson | Lawn

Soul Divine Sound Healing aims to bring the intention of Relax, Reset, & Renew. During this experience, guests can expect to participate in a guided meditation, breathwork, and a sound bath done with an array of healing instruments including but not limited to crystal and alchemy bowls, followed by a time of reflection to process any emotions or feelings that may arise.

Morning Breakout Session Descriptions

Community Rapid Response Panel Cafeteria

Featuring the expansive field of Community Rapid Response networks, we are joined by Universidad Popular, Pillars of the Community, and Save Our Streets to share how they have activated and connected the community in working together to tackle the most salient issues harming our communities: immigration, violence interruption, and peacebuilding.

Art for the Heart (TranscendANCE) Room 204

We welcome you to join transcenDANCE teaching artists and program alumni for an expressive arts-based experience that creates connection and uplifts the spirit. This is an opportunity to move/dance and write while we build community through creativity. This requires no special skills - we will guide you through a thoughtful and joyful process that meets you where you're at today.

Lei-Making Workshop ('Umeke) Room 302

Lei kui is a method of stringing lei where materials are pierced and threaded together, one of many traditional techniques of lei-making. This workshop invites participants to reclaim a tradition that has been increasingly commercialized returning it to its deeply intentional roots.

Morning Breakout Session Descriptions

Healing Circle (Karen Organization of San Diego)

Room 303

The Karen Organization of San Diego would like to welcome you to join our healing circle. Rooted in Indigenous traditions and guided by Tsuru for Solidarity's "Healing Circles for Change" model, this healing circle is intended to foster healing, connection, wellness, empathy, and collective care through compassionate listening and storytelling.

Voices That Lead: Parent Participation for Student Success (CAIR SD)

Room 307

This session will focus on how parents can partner with teachers and school administration to help ensure safe and supportive learning environments for their children by addressing bullying, discrimination, and other challenges students may face. Attendees will hear from subject experts, a parent, and a student about navigating difficult situations, communicating effectively with schools, and the support CAIR-SD provides to families and youth. The session will also include small group discussions, shared experiences, and practical resources for families.

Centering Youth Voices and Leadership

Room 308

Join youth leaders from PacArts REEL Voices and Our Time to Act to learn more about how they are creating change and how to support, uplift, and empower youth leaders from their perspectives.

Lunch Activities

12:15 – 1:15pm

color walk: a mindfulness experience |

Meet at Building 300

***starting at**

A guided mindfulness experience hosted by Gabriela X from Peace & Love Social Club, the Color Walk invites participants to slow down, reflect, and reconnect through intentional observation and movement. During this interactive walk, participants are encouraged to focus on colors, surroundings, emotions, and sensory details in order to cultivate presence, creativity, and practice grounding tools that can be incorporated in day to day life.

Spark Interactive–Holocaust Education in Motion |

Parking Lot by Building 200

***20-minute appointments, open from 12 – 4pm ***

Spark Interactive brings Holocaust education directly to schools and communities through an immersive mobile museum experience. Combining digital artifacts, interactive storytelling, and guided facilitation, Spark invites learners to explore how the Holocaust unfolded and connect the lessons of the Holocaust to the choices we face today. Through meaningful discussions, Spark Interactive connects the lessons of the Holocaust to social justice, and ethical responsibility, inspiring participants to think critically and act with empathy.

Lunch Activities

12:15 – 1:15pm

Food Demonstration: Onigiri | Building 100 by Coffee

Onigiri is a traditional Japanese food made of steamed short grain rice stuffed with a savory center and wrapped in crisp nori. It is the ultimate hand-held, customizable snack food.

Participants will learn to shape Onigiri and will have the opportunity to make their own, selecting from 3 fillings: Tuna Mayo, Chicken Soboro, and Kombu Tsokudani

Tea & Connection: A Mindful Cold Brew

Tea Experience | Cafeteria Upstairs Patio

During the lunch hour, attendees are invited to slow down and reconnect through a refreshing cold brew tea experience featuring floral and aromatic green tea notes. This interactive tea offering encourages mindful tasting, conversation, and shared presence in a relaxed social setting. Designed as a restorative pause within the conference day, the experience supports reflection, meaningful connection, and moments of ease amid collective gathering.

**Tea selections may include offerings from Burmese and Asian tea traditions, including curated teas served hot and cold. Tea varieties are subject to seasonal availability and thoughtful substitution when necessary.*

Afternoon Breakout Session Descriptions

Elder Storytelling Cafeteria

Join us to hear the stories from the perspectives of our diverse panel of Elders. Get a glimpse of the power of intergenerational conversation for an interactive learning and practice of storytelling with our Elders who have participated in doing STH work and continue to be strong community leaders. We are proud to be joined by:

- **Aunty Kiki** – Longtime teacher and community leader, Aunty Kiki serves as a pillar of support for the Samoan and Pacific Islander communities in San Diego and California.
- **Eva Tinoco** – Matriarch of Universidad Popular, Eva offers ancestral knowledge through the Health and Wellness program in order to bridge intergenerational divides through shared learning and healing.
- **Boat Elder** from Little Saigon San Diego – “Boat elders” refers Vietnamese boat refugees who fled Vietnam by boat after the end of the Vietnam War. The migration of boat people to places like San Diego started in 1975, hit its peak from 1978 to 1979, and continued into the early '90s.

The Hate Stops Here: Imperial Valley Reflections (Imperial Valley Social Justice Committee) Room 307

The Imperial Valley Social Justice Committee will share how the Stop the Hate work has manifested impacts and community shifts within the Imperial Valley through API History & Heritage events and "The Hate Stops Here" workshop series. Participants will engage in the "World Cafe" model that has been used in their "The Hate Stops Here" workshops, topics include: immigration and community response, issues of hate in schools, and solidarity work in the Valley. This session invites conversation and a call to action what the Imperial Valley community needs for solidarity work between San Diego and Imperial Valley.

Afternoon Breakout Session Descriptions

The ARTful Conversation (NCRC) Room 204

Communication is a big part of our daily lives – in the workplace, in the community, and at home. Yet we sometimes find ourselves unable to express what we intended or needed to say. Perhaps this is because we are worried about upsetting the other person or we don't want to escalate a situation. At the National Conflict Resolution Center (NCRC), we understand: The desire to avoid conflict is natural. That's why we developed The ARTful Conversation, an interactive workshop that helps participants more effectively communicate their needs as they initiate and manage challenging conversations.

Voice for Peace: A Call for Change Documentary Screening (Somali Family Service) Room 302

Join us for the screening of *Voice for Peace: A Call for Change*, a documentary film produced as part of Stop the Hate a grant-funded program at Somali Family Service dedicated to addressing the rise of hate crimes and discrimination faced by refugees, immigrants, and other vulnerable populations across San Diego.

We'll open the evening with an introduction to Somali Family Service and the heart behind the Stop the Hate program sharing the vision, the community it serves, and the real impact it has made on the ground. From there, we'll screen the documentary itself, a youth-led film featuring honest, powerful conversations with community members who have experienced hate firsthand. Behind every story is a person, a family, and a moment that changed them. This film gives those moments the space and dignity they deserve.

We'll close the session with an interactive activity designed to spark meaningful conversation, build connection, and leave attendees feeling inspired and empowered. Guests will also be invited to share their voice through a short feedback survey that helps inform stronger outreach, support, and policy work across San Diego

What Comes Next?

As our partners have connected and collaborated, they have built a network of changemakers developing a shared understanding of anti-hate work here in San Diego and Imperial Counties. This evolving conversation has helped organizations connect how their work relates to one another and how areas of work that are not commonly recognized as anti-hate (for example: arts programs and cultural events) play a role.

We know that the work cannot end here as we are reminded that the work of building belonging and preventing hate is far from finished.

Regardless of what happens next, this moment offers an important reminder: anti-hate work is not a standalone issue.

Database Website Launch Party

June 24, 2026 | 4 – 6pm

Doh Doh Coffee

5591 University Ave

San Diego, CA 92105



Join us for the long-awaited debut of the Resource Database website and share your thoughts for further development! This preview will showcase a mapping of the STH Border Region organizations and information on the most popular service needs: Case Management, Mental Health, Training/Workshops. This website will slowly expand to include more resources, services, programs, and organizations in San Diego and Imperial Counties.







*We thank the **Karen Organization of San Diego** for taking ownership to host this database website so it can be a valuable resource to strengthen our collaborations and better support our communities for the years to come.






Welcome

-  Registration
-  Coffee and Breakfast
-  Lawn
-  Spark Interactive Holocaust Education in Motion

Restrooms

-  Building 100: 1 gender neutral
-  Building 100: 1 womens, 1 mens
-  Building 200: 1 womens, 1 mens
-  By Art Exhibit: 2 gender neutral

Tea Meditation

-  Building 900: Cafeteria Patio (upstairs)

Breakout Sessions

-  Building 200: Room 204 (Dance Studio)
-  Building 300: Rooms 306, 307, 308, 309
-  Building 900: Cafeteria
-  Building 200: Childcare (205)
-  Building 300: Prayer Space (302)
-  Building 900: Lactation Room (926)

Art Exhibit

-  Building 1100: Room 1131

SAN ELIJO CAMPUS

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